

# **Experiential Learning**



# **Opportunities**

- Volunteers
- · Highschool co-op placements
- University/College placements/internships

### Who We Are

We are a non-profit basketball development organization designed for athletes, ages 8+, within the Niagara Region to enhance their game. We also offer a Physical Literacy Program (WE Hoop) for individuals with a disability.

#### Along with WE Hoop we also offer:

- Apex Academy/Private Training
- Camps
- Clinics

- House Leagues
- 3-on-3 Tournaments

## What To Expect?

Do you love the game of basketball? How about coaching aspiring hoopers, both novice and experienced? Are you passionate about learning how to lead and train athletes taking their game to the next level?

#### What If All Those Were Wrapped Into One Internship?

- · Assisting our head coaches run their practices
- · Supporting our coaches during private training sessions
- · Supporting our athletes with a disability in our WE Hoop club
- Support our Registered Physiotherapists, Recreational Therapists and Personal Trainers
- Assist in our Summer/April break camps development, implementation and facilitation
- Administration tasks

Behind the support of our Niagara Apex staff you will learn what it takes to lead a team, and facilitate a practice to get your athletes in the best shape physically and mentally.

Whether you are in your third year of University/College, looking for a highschool Co-Op placement, or just looking for volunteer opportunities we have you covered.

## Possible Roles

- · Head Coach
- Assistant Coach
- Physiotherapist Assistant
- Recreational Therapist Assistant
- Personal Trainer Assistant
- Referee
- Score Keeper
- Statistician
- Camp/Clinic Counselor/Coach





